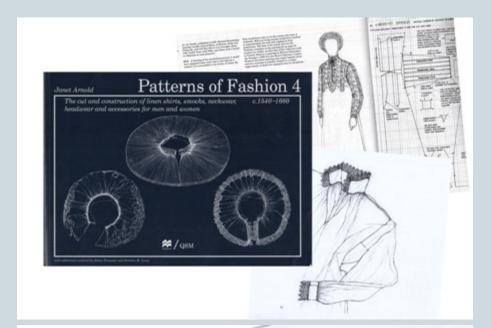
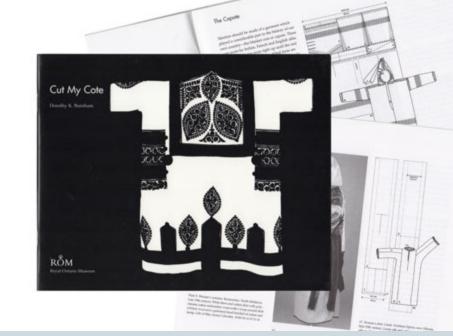
These two books showcase the rectangular garment's history in very distinct, equally fascinating, ways.

Patterns of Fashion, by Janet Arnold. Janet's approach is born from her extensive and exquisite documentation of Elizabethan courtly costume, complete with patterns and enough detail to allow very precise recreations. Packed with gorgeous drawings and photos, this is one of my most inspiring and treasured costume books. It's volume 4 in her monumental and celebrated series, and it's largely devoted to shirts and robes, all rectangular.

Cut My Cote, by Dorothy Burnham. This book takes the folk approach, following the rectangular garment around the globe, with less lavish but equally useful diagrams, good enough to be used as patterns, or simply inspiration and enlightenment concerning our rectangular roots.

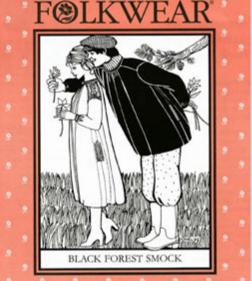




Pattern-Free Fashion, by Mary Lee Trees Cole. Want to try a square shirt? This how-to book, or pretty much any Folkwear pattern from their Old Europe or Asian collections, would be a great starting point. I really like these Old German smocks along with the Russian shirts I presented a few pages back. And the bodies are a nicely sophisticated variants on plain rectangles.



148 — BLACK FOREST SMOCK This traditional smood was called a Joini, or orror-parmetr, ween by workers in Germany, Swinstead, and Pinane, Soft pinans fall from a wide notificand. Sleeves connect so side panels with gasters and are picted at the writes into butmord call bands. Souther yorkers, proches wells, notificand, and codfi were often deconated with chain-swinding (designs and instructions are included inside pattern). Our Black Forest Senock can be ween by men as an over-shie, and by women so a mid-call length dress. Make it for the kids with #130 Liefle Kitted. From & Back Views Surgensia Length Surgensia Length Soft or crips fabrics such as lines, homesport, broaddoth, gingham, dersin, featherweighte codourcy, or lightweights wood.



To Consider

The mission here is simply to allow oneself to notice ever more examples of, or at least hints of, the folk rectangle in modern clothing and patterns. Things that work tend to persist!



MATERIALS FOR OPTIONAL EMBROIDERY



146 THE SHIRTMAKING WORKBOOK